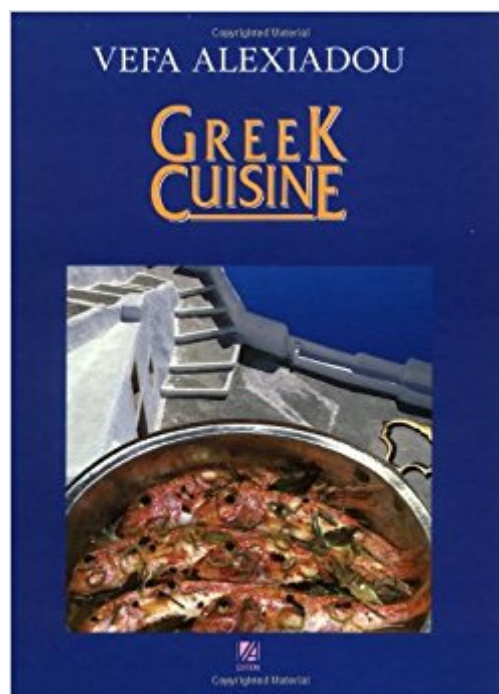


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# Greek Cuisine



## Synopsis

This collection of wonderful Greek specialties has served to revitalize the interest of a whole new generation of cooks in traditional Greek cuisine. Vefa Alexiadou invites readers and cooks to her table, which is laden with the tasty dishes of porridge, vegetables, fish, traditional cheeses, and olive oil, key ingredients in the nutritious diet of the Eastern Mediterranean. These 300 authentic "life-tested" recipes have been adjusted to modern tastes without sacrificing traditional textures and flavors.

## Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (16 customer reviews)

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## Customer Reviews

AS A GREEK AMERICAN, I GREW UP WITH TRADITIONAL GREEK MEALS. VEFA'S COOKBOOKS ARE LIKE MY MOTHER OR GRANDMOTHER SITTING NEXT TO ME GIVING ME THE RECIPES. EVERY SINGLE RECIPE IS EXPLAINED IN SUCH A MANNER THAT IT IS VERY HARD TO MAKE A MISTAKE. IF YOU'RE GOING TO BUY ONE COOKBOOK, MAKE IT ONE OF VEFA'S.

I'm a Greek born and bred, and a keen foodie. Now I live in London, and I always recommend this book to my English friends. Let me tell you, not only do these recipes represent authentic Greek food, but they work, too! Vefa has a degree in chemistry and that comes across in her methodical instructions. The photos are also quite appetising! Enjoy.

I am a Greek who recently moved to the US, and Vefa's books show the very best of today's Greek cuisine. My mother in Greece has all her books, they're just the most authentic ones on the market.

I hope the rest of them become available soon. Anna Tsirka, MD

Vefa is the Maria Callas of Greek food. I use her recipes during Greek holidays like Easter and Christmas. Try her Pastichio and Moussaka recipes. She gives simple explanations to difficult recipes and they come out delicious.

I found this book to be easy to cook with and have used it for many receipes. The food tastes just like it is from Greece. The pictures are inspirational and make your mouth water.

I received this gift from my Husband's Aunt. They are both American Bred and Born. I am 100% Greek. I have always cooked Greek, but never had recipes, I cook by smell (wierd, I know). BUT this cook books is the BEST! I have heard of Vefa and saw her shows while in Greece. She is very informative in a simple sort of way. She does NOT keeping you guessing about what to do. She is precise and has extended my menu list greatly. Thank You Vefa for bringing my Yiayia into my kitchen as I do feel her presence even more with your help. You are just what I needed to start off my New year 2006. Chronnia Polla!!!

Vefa Alexiadou brings you authentic traditional recipes with the ability to use modern kitchen accessories in preparation.

I am a Greek American and this cookbook has authentic Greek recipes that anyone can prepare. The photos may look a bit strange but try the recipes...it's comfort food that feeds the soul and it's also "wallet friendly." Preparation is basic, no fancy equipment needed. I can feel my Yaya and Nouna smiling down at me each time I prepare one of the meals. My husband and daughter agree - it's the next best thing to being in Greece !!

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